



Stella Blu

101 Ford Street
West Conshohocken, PA 19428

www.stellablurestaurant.com

Lunch Menu

Pick up, Delivery and Catering
610-825-7151

Delivery Available
Monday through Friday
11am ~ 2pm

For Lunch and Dinner Reservations
610-825-7060

Appetizers

Ahi Tuna Tostada Chopped tuna, tomatoes, avocado, jalapeno, cilantro & lime wasabi mayo layered between crispy tortillas & served on a spring mix - \$14

Crispy Calamari aged balsamic vinegar - \$10

Prince Edward Island Herb Scented Mussels steamed in a lemon broth of rosemary, oregano & thyme with chopped tomato - \$12

Antipasto Italian tuna, marinated eggplant, roasted red peppers, sharp provolone, long hot, artichoke hearts, chopped iceberg, lemon olive oil - \$12

Fried Artichoke Hearts with a balsamic mayonnaise - \$9

Cheese Steak Quesadilla cheddar cheese, corn, tomato salsa, and sour cream - \$8.50

Stella Blu Fries with parmesan cheese, jalapenos, old bay seasoning - \$4

Basket of Homemade Old Bay Chips - \$4

Sweet Potato Fries - \$4

Onion Rings - \$4

Soups

Escarole white bean - \$7

Tomato Bisque topped with a cheese crouton & pesto oil - \$7

Salads

Chopped Salad \$10

Romaine lettuce with turkey, avocado, tomatoes, goat cheese, red onion, hardboiled egg, bacon, honey mustard vinaigrette

Apple Salad \$10

Baby spinach, spiced pecans, dried cranberries, honey mustard vinaigrette
with grilled chicken - \$12 *with grilled shrimp* - \$14

House Salad \$7

Romaine & Iceberg lettuce, tomatoes, cucumbers, carrots, chick peas, house made croutons, red wine vinaigrette
with grilled chicken - \$10 *with grilled shrimp* - \$12

Baby Arugula \$9

With manchego cheese, spicy cashews, and goat cheese in a lemon vinaigrette

Iceberg Wedge \$10

With crumbled Danish bleu cheese, spiced pecans, grilled Bermuda onion, applewood smoked bacon and bleu cheese dressing

Greek Salad \$8

Romaine, iceberg, feta cheese, sliced black olives, red onions, tomatoes, cucumbers, carrots, chick peas, house made croutons, red wine vinaigrette
with grilled chicken - \$12 *with grilled shrimp* - \$14

Caesar \$8

Romaine, house made Caesar dressing and croutons, shaved parmesan cheese
with grilled chicken - \$12 *with grilled shrimp* - \$14

Roasted Beet Salad \$12

On top of a thin layer of prosciutto di parma, crumbled goat cheese, chile dusted pepitas, extra virgin olive oil

Grilled Hearts of Romaine \$10

Caramelized apples, bleu cheese, hazelnuts, champagne vinaigrette dressing
with grilled chicken - \$12 *with grilled shrimp* - \$14

Wraps

(Choice of flour or whole wheat, accompanied by chips)

Buffalo Chicken \$8

Linda's chicken cutlet, buffalo sauce, romaine lettuce, tomatoes, and bleu cheese dressing

Turkey BLT \$8

Boar's Head turkey, crispy bacon, romaine lettuce, tomatoes, and mayo

Chicken Caesar \$8

Grilled chicken, romaine lettuce, parmesan cheese, and Caesar dressing

Roast Beef \$9

Onion rings, provolone cheese, chipotle ranch dressing

Tuna Nicoise \$9

Swiss cheese, romaine lettuce, tomatoes, avocado, nicoise olives

Chicken Santa Fe \$9

Chicken cutlet, roasted red peppers, romaine lettuce, bacon, mozzarella cheese, chipotle ranch dressing

Veggie \$9

Fresh spinach, avocado, shredded carrots, cucumbers, chickpeas, goat cheese in a honey mustard vinaigrette

Chicken Cordon Bleu \$9

Chicken cutlet, ham, swiss cheese, romaine lettuce, tomatoes, honey mustard dressing

Flatbreads

Fresh Tomato (10") fresh chunky tomatoes, four cheese blend - \$9

Goat Cheese and Arugula (10") four cheese blend, goat cheese, prosciutto di parma, oven dried tomatoes, lemon dressed arugula, shaved parmesan - \$14

Wild Mushroom (10") Sautéed mushrooms, four cheese blend & basil pesto - \$14

Sandwiches

(Served on a South Philly Seeded roll with chips)

Frank the Bartender \$11

Chicken cutlet, prosciutto di parma, sharp provolone, roasted red peppers, broccoli rabe, long hot

Rodeo Chicken \$9

Chicken cutlet, onion rings, honey espresso bbq sauce, cheddar cheese

Mama Mary's Meatball \$9

House made meatballs, house made marinara sauce, provolone cheese

Angie \$9.50

Turkey, prosciutto di parma, sautéed spinach, roasted red peppers, provolone & mozzarella

Marianne \$10

Italian style tuna salad, artichoke hearts, mild provolone cheese

Angry Italian \$10

Prosciutto di parma, sopressata, sharp provolone, cherry peppers, sautéed spinach, provolone

Bella Luna \$9

Sautéed chicken, chopped cherry peppers, shitake mushrooms, tomatoes, provolone cheese

Linda's Chicken Cutlet

Full Mooned - Broccoli rabe, sharp provolone \$9.50

Parmesano - House made marinara, cheese blend \$8.50

Americano - American cheese, mayo, lettuce, tomato \$8.50

Pepper and Egg \$8

Scrambled eggs, roasted red peppers

With provolone cheese \$8.50

Pasta

Signature Lobster "Mac & Cheese" \$20

Maine Lobster, asiago, parmesan & goat cheese

Potato Gnocchi \$20

With sweet Italian sausage, mushrooms, tomatoes & peas in a sage white wine, butter sauce topped with shaved reggiano parmigiano cheese

Mamma Mary's Meatballs & Spaghetti \$14

House made meatballs with a combination of veal, pork & beef in our homemade marinara sauce

Penne Vodka \$16

Red onions, prosciutto, garlic, vodka blush sauce

Angel Hair Pasta \$22

Jumbo lump crab meat, asparagus, chopped tomato, garlic olive oil, lemon

Wild Mushroom Ravioli (4) \$16

Walnut cream sauce, pecorino romano cheese

Large Plates

Salmon \$22

In a lemon cream sauce with sautéed escarole, topped with crispy artichokes

Mini Beef Filet (3oz) \$15

Pistachio risotto, grape tomato salad, aged balsamic vinegar drizzle

Chicken Marianne \$16

Sautéed chicken breast, artichoke hearts, mushrooms, chopped tomatoes, white wine sauce

Grilled Chicken Breast \$16

Char-grilled medley of wild mushrooms, lemon, tomato, and asparagus

Tomato Caprese Risotto \$16

Arborio rice cooked with grape tomatoes, fresh mozzarella & basil pesto finished with a drizzle of reduced balsamic