

Appetizers ☺

Crispy Calamari aged balsamic vinegar ~ \$10

Spicy Mussel Pot sautéed tomatoes, basil, chipotle white wine sauce ~ \$12

Antipasto italian tuna, marinated eggplant, roasted red peppers, sharp provolone, long hots, artichoke hearts, chopped iceberg, lemon olive oil ~ \$12

Fried Artichoke Hearts balsamic mayonnaise ~ \$9

Stella Blu Fries parmesan cheese, jalapeños, old bay ~ \$4

Chicken or Steak Quesadilla cheddar cheese, corn tomato salsa, and sour cream ~ \$8.5

Sweet Potato Fries ~ \$4

Onion Rings ~ \$4

12 Buffalo Wings ~ \$8.5

Soups ☺

Escarole white bean ~ \$ 5

French Onion “stella blu” style ~ \$7

Grilled Pizza☺

Fresh Tomato (10 inch) fresh chunky tomatoes, four cheese blend ~ \$9

Goat Cheese and Arugula (10 inch) four cheese blend, goat cheese, prosciutto di parma, oven dried tomatoes, arugula, lemon dressed arugula, shaved parmesan ~ \$14

Salads ☺

Chopped Salad turkey, avocado, tomatoes, goat cheese, red onion, hard boiled egg, bacon, romaine, honey mustard vinaigrette ~ \$10

Apple Salad baby spinach, spiced pecans, dried cranberries, honey mustard vinaigrette ~ \$10
with grilled chicken ~ \$12 with grilled shrimp ~ \$14

House Salad romaine, iceberg, tomatoes, cucumbers, carrots, chick peas, house made croutons, red wine vinaigrette ~ \$6
with grilled chicken ~ \$10 with grilled shrimp ~ \$12

Asian Style Shredded Chicken Salad avocado, carrots, bean sprouts, chopped egg, scallion peanut vinaigrette ~ \$10

Baby Arugula manchego cheese, spicy cashews, goat cheese ~ \$9

Iceberg Wedge crumbled danish bleu cheese, spiced pecans, grilled bermuda onion, applewood smoked bacon ~ \$10

Greek Salad romaine, iceberg, feta cheese, sliced black olives, red onions, tomatoes, cucumbers, carrots, chick peas, house made croutons, red wine vinaigrette ~ \$8
with grilled chicken ~ \$12 with grilled shrimp ~ \$14

Caesar romaine, house made caesar dressing and croutons, shaved parmesan cheese ~ \$7
with grilled chicken ~ \$11 with grilled shrimp ~ \$13

Roasted Beet Salad on top of a thin layer of prosciutto, crumbled goat cheese, chile~dusted pepitas, extra virgin olive oil ~ \$10

Wraps ☺

Choice of Flour or Whole Wheat

Buffalo Chicken linda’s chicken cutlet, buffalo sauce, romaine lettuce, tomatoes and bleu cheese dressing ~ \$7.5

Turkey BLT boar’s head turkey, crispy bacon, romaine lettuce, tomatoes, and mayo ~ \$7.5

Chicken Caesar grilled chicken, romaine lettuce, parmesan cheese, and Caesar dressing ~ \$7.5

Roast Beef onion rings, provolone cheese, chipotle ranch dressing ~ \$8.5

Tuna Nicoise swiss cheese, romaine, tomatoes, avocado, nicoise olives ~ \$8.5

Chicken Santa Fe chicken cutlet, roasted red peppers, romaine, bacon, mozzarella cheese, chipotle ranch dressing ~ \$8.5

Chicken Cordon Bleu chicken cutlet, ham, swiss cheese, romaine, tomatoes, honey mustard dressing ~ \$8.5

Veggie fresh spinach, sautéed zucchini, roasted red peppers, goat cheese, tomato balsamic vinaigrette ~ \$8.5

Hoagies and Steaks ☺

Turkey, Roast Beef, Ham or Tuna Hoagie

hoagies are on a seeded or non seeded roll south philly roll with lettuce, tomatoes, choice of cheese, onion, extra virgin olive oil, dry herbs, and a splash of balsamic vinegar. ~ \$8

Rib Eye Steak or Chicken Steak

on a seeded or non seeded roll south philly roll with lettuce, tomatoes, choice of cheese, onion, extra virgin olive oil, dry herbs, and a splash of balsamic vinegar.~ \$8

Premium Italian prosciutto di parma, hard salami, sopressata and sharp provolone ~ \$9

Sandwiches ☾

Frank the Bartender chicken cutlet, prosciutto di parma, sharp provolone, roasted red peppers, broccoli rabe, long hots, hoagie roll ~ \$10.5

Rodeo Chicken chicken cutlet, onion rings, honey espresso bbq sauce, cheddar cheese, hoagie roll ~ \$8.5

Mama Mary's Meatball house made meatballs, house made marinara sauce, provolone cheese, hoagie roll ~ \$8.5

Angie turkey, prosciutto di parma, sautéed spinach, roasted red peppers, provolone & mozzarella cheese, hoagie roll ~ \$9

Marianne italian style tuna salad, artichoke hearts, mild provolone cheese, hoagie roll ~ \$9.5

Angry Italian prosciutto di parma, sopressata, sharp provolone, cherry peppers, sautéed spinach, on a hoagie roll ~ \$9.5

Bella Luna sautéed chicken, chopped cherry peppers, shitake mushrooms, tomatoes, provolone cheese, hoagie roll ~ \$8

Lindas Chicken Cutlet

Full Mooned ~ broccoli rabe, sharp provolone ~ \$9

Parmesano ~ house made marinara sauce, cheese blend ~ \$8

Americano ~ american cheese, mayo, lettuce, tomato ~ \$8

Pepper and Egg scrambled eggs, roasted red peppers ~ \$7
add provolone ~ \$7.5

Pasta ☾

★ **Signature ★ Lobster “Mac & Cheese”**
asiago, parmesan & goat cheese, maine lobster ~ \$20

Potato Gnocchi sautéed shrimp, arugula, roasted hot peppers, light marinara sauce ~ \$20

House Made Meatballs house made marinara sauce, spaghetti ~ \$12

Penne Vodka red onions, prosciutto, garlic, vodka blush sauce ~ \$16

Angel Hair Pasta jumbo lump crabmeat, asparagus, tomato, garlic olive oil, lemon ~ \$20

Wild Mushroom Ravioli (4) walnut cream sauce, pecorino romano cheese ~ \$16

Large Plates ☾

Shrimp Pad Thai stir fried rice noodles, shrimp, peanuts, bean sprouts, egg, chili, fresh lime ~ \$14

Salmon tomato red pepper sauce, grilled asparagus, mashed potatoes, balsamic vinegar ~ \$20

Mini Beef Filet (3oz) pistachio risotto, grape tomato salad, aged balsamic vinegar drizzle ~ \$15

Chicken Marianne sautéed chicken breast, artichoke hearts, mushrooms, chopped tomatoes, white wine sauce ~ \$16

Grilled Chicken Breast char-grilled salad of wild mushrooms, lemon, tomato, asparagus ~ \$16



101 Ford Street
West Conshohocken, Pa 19428

www.stellablurestaurant.com

Lunch Menu

Pick Up, Delivery and Catering

610.825.7151

Delivery Available

Monday through Friday

11am ~ 2pm

For Lunch and Dinner Reservations

610.825.7060